

## COMPILED REPORTS FOR THE MONTH OF MAY

### NUTRITION PRACTICAL

**Date:** 4<sup>th</sup> - & 7<sup>th</sup> May 2022

**Time:** 8am – 4pm

**Venue:** F. Y. P. Basic B.Sc. Classroom

**No. of Participants:** 50

**Theme:** Antenatal Diet, Cardiovascular Diet, Intestinal disorder diet, Diet for school children, Renal diet, Diet for old age person.

F. Y. Post Basic B.Sc. Nursing department organized Nutrition Practical for the students. Students were divided in 3 groups – A, B and C. On the first day of practical students completed the preparation for practical for next three days. Next 3 days students prepared the Diet in Cardiovascular disorder, Intestinal disorder, Renal Disorder and Diet for Antenatal mother, School children and Old age person in rotation group wise. Students prepared these therapeutic diet in good and hygienic way. Respected Principal Dr. (Mrs.) Jyoti V. Naikare, HODs of all specialties, all teaching and Non-teaching staff visited the diet exhibition and presentations and also gave good feedback about diet planning, preparation and arrangement of diet.

The practical was arranged for students as a part of academic curricular activity to provide them information about importance of diet planning. Students enjoyed the practical and learned lots of things related to diet planning as per various types of disease conditions.

## **INTERNATIONAL NURSE'S DAY CELEBRATION**

**Date:** 10<sup>th</sup> May 2022

**Time:** 10am to 12pm

**Venue:** FON Lab

**No. of Participants:** 130

**Theme:** Nurses: A Voice to Lead - Invest in nursing and respect rights to secure global health.

Nurse; Representing the single largest group of healthcare professionals, working in the heart of community, in all settings and caring for the patients throughout the life course, contributing in manpower development for health sector. International Council of Nursing is rendering a Campaign “Nurses: A Voice to Lead” since 2017.

Sinhgad college of nursing celebrated International Nurses Day by arranging Elocution competition and E-Poster competition for students. In the beginning of celebration Lamp Lighting was done by respected Principal madam Dr. (Mrs.) Jyoti V. Naikare. Welcome address was given by Ms. Bhavana Kate. Principal madam Dr. (Mrs.) Jyoti V. Naikare enlightened students with her precious words, she also motivated them for following best nursing practices. Key note address was delivered by Mrs. Leena Aswale (Academic Coordinator, SCON) on the theme. At the end of the programme prize distribution was done to the winners of both competitions. Vote of thanks was given by Ms. Aditi Sawant. After the programme refreshment was arranged for all staff and students.

### **WINNERS OF DIFFERENT COMPETITIONS**

#### **1. Elocution competition**

- Ms. Vaishnavi Bansode (Third Year Basic B.Sc.)
- Ms. Mayuri Fulzele (First Year B.Sc.)

#### **2. E-Poster competition**

- Ms. Sachin Gurav (Second Year Basic B.Sc.)
- Mr. Divyansh Girhepuje (First Year B.Sc.)

## **WORLD SCHIZOPHRENIA DAY CELEBRATION**

**Date:** 24th May 2022

**Time:** 10:00 am to 3:00 pm

**Activity:** Street Play, Lecture Session

**Number of Participants:** 40

May 24<sup>th</sup> is World Schizophrenia Day. Schizophrenia is a serious mental illness affecting more than 21 million people worldwide according to the World Health Organization. The purpose of this day is **to spread awareness about this illness, eradicate the myths and superstitions around mental illnesses in general**. On this occasion PG and B.Sc. Nursing 3<sup>rd</sup> year Students of Sinhgad college of Nursing performed Street play on “Awareness about Schizophrenia” in front of new building near OPD for OPD visitors, relatives and patients. Through street play they explained the possible causes, sign and symptoms and management of disease. Audience enjoyed the street play.

In the afternoon session was planned for students on Schizophrenia by Dr. Rushikesh Sir, Lecturer, SKNMC and GH. All students and teachers attended the program. Sir delivered the the valuable information and explained role of health care team in managing schizophrenia.