

## COMPILED REPORT FOR THE MONTH OF JULY

### REPORT ON WORKSHOP ON BASIC CPR

**Date:** 07 /07/ 2022

**Time:** 11am To 4pm

**Venue:** Sinhgad College Of Nursing, Lecture Hall – 2, Pune-41

**No of Participants:** 51 Students, 03 Teachers and 06 PG Students.

Department of Medical Surgical Nursing had organized workshop on basic CPR under the guidance of Mrs. Prajakta N. Adhav, HOD Dept. MSN. Permission for the same was obtained and schedule of workshop was prepared and circulated to all. This event was initiated by the registration process and pretest followed by an inauguration. Mrs. Reshma Bodhak (NAAC Coordinator), HOD, Community Health Nursing was invited for inauguration ceremony. She addressed the gathering and gave best wishes for conducting the workshop.

After inauguration Lecture on basic CPR was delivered by Mrs. Prajakta Adhav, HOD, MSN. Demonstrations were planned at 4 workstations. Students were divided in 4 groups at 4 stations.

#### **Station 1: Airway management:-**

The station was led by Ms. Pooja Matekar, faculty, SCON, and Mr. Dattatray Chate and Mr. Swapnil Sul, PG students. At this station they taught about the use of different airways like oropharyngeal, nasopharyngeal and its parts. The head tilt chin lift technique, Jaw Thrush Maneuver, finger swipe and abdominal thrush method for foreign body removal was taught.

#### **Station 2: Artificial Respiration:-**

Here the topics like Artificial respiration methods of artificial respiration, parts of AMBU bag and use of AMBU bag for respiration, Methods of artificial breathing mouth to mouth, mouth to nose, mouth to tracheostomy and bag mask ventilation were taught. This station was led by Mrs. Prajakta Adhav, HOD (Dept.MSN) and Ms. Nupur Shivtare, PG student.

### **Station 3: Chest Compression:-**

This station was initiated by Mrs. Swati Gorad, faculty (SCON) along with Mr. Prashant Gaikwad and Mr. Chetan Shinde, PG students. They taught and demonstrated the steps of CPR. Participants were allowed to practice the technique on mannequins.

### **Station 4: Steps of basic CPR:-**

At this station a scenario was created where all the steps of the basic CPR were performed with appropriate actions and students were given chance to perform the same. After those students were given post –test to solve and a feedback form was provided to the students. At the end of session, the organizers were certified by Mrs.Prajakta Adhav (HOD), Mrs. Swati Gorad (SCON faculty). E certificates were given to all delegates. Mrs. Pooja Matekar, Faculty, proposed vote of thanks.

## **REPORT ON GENDER EQUITY PROGRAMME BY NIRBHAYA PATHAK**

**Date:** 14/07/ 2022

**Time:** 11am To 1pm

**Venue:** Yoga Hall, Sinhgad College Of Nursing, Lecture Hall – 2, Pune-41

**No of Participants:** 81 Students and Teachers

Woman Sexual Harassment Prevention at workplace cell and Obstetrics & Gynaecological Nursing department of Sinhgad College of Nursing had organized **Gender Equity Programme by Nirbhaya Pathak.**

The guest speakers for the session were API Rahul Yadav and PSI Asmita Lad whereas PSI Sashikant Shinde and Damini Pathak accompanied them. Principal Dr Jyoti Naikare felicitated and welcomes all the dignitaries. Principal Dr Jyoti Naikare addressed the gathering by a keynote emphasizing on Nirbhaya case, the measures initiated by Police for prevention of such acts which was followed by felicitation by Ms Leena Aswale, Academic Co-ordinator.

The first speaker for the session was API Mr. Rahul Yadav, Narhe Police Stataion, Pune 41. Session was very informative regarding social media and cyber laws. He gave detail information about internet and its drawbacks of overuse by posting much off photos, status, locations, social

media profile hacking, sending appeal for donating money on social sites, creating fake accounts and blackmailing, making inappropriate videos and giving threats to viral them.

PSI Mrs. Asmita Lad's session was followed by first. She has given details information about women safety and protection functions of Nirbhaya Pathak. Mrs Asmita Lad informed all about the helpline no 1091 which render help within 5 to 7 minutes will whenever call for. She also discussed in detailed about Damini Pathak and introduced with the team. Mrs. Asmita Lad emphasized on Vishaka Committee which is formulated in all workplaces and educational institutes and all students need to be aware of it. The session was then concluded by vote of thanks proposed by Mrs. Sadhana Shinde which was followed by photo session and feedback from resource persons and students.

### **WORKSHOP ON FIRST AID MANAGEMENT OF FRACTURE AND TRANSPORTATION OF INJURED**

**Date:** 19/07/ 2022

**Time:** 9 Am To 4 Pm

**Venue:** Lecture Hall – 2, Sinhgad College Of Nursing, Pune-41

**No of Participants:** 51 Students, 03 Teachers and 06 PG Students.

Department of Medical Surgical Nursing had organized workshop on first aid management of fracture and transportation of injured under the guidance of Mrs. Prajakta N. Adhav, HOD Dept. MSN. Permission was obtained for the same. Circular of workshop was prepared and circulated to all. This event was initiated by the registration process and pretest followed by an inauguration. Dr. (Mrs.) Jyoti V. Naikare Principal Sinhgad College of Nursing was invited for inauguration ceremony.

After inauguration Lecture on basic fracture dislocation and injuries of upper body (head, neck, face, & spine) was delivered by Mrs. Prajakta Adhav, HOD, MSN. Session on fracture dislocation and injury of lower limb was taken by Mrs. Swati Gorad Faculty SCON. Then, session on fracture dislocation and injuries of upper limb and chest was taken by Ms. Pooja Matekar, Faculty SCON. Followed by question and answer session was taken. After lunch break demonstrations were planned at 4 workstations.

### **Station 1: Fast Evacuation technique (Single Rescuer)**

The station was led by Mrs. Swati Gorad, Faculty, SCON. At this station they taught about the use of different methods of fast evacuation and two methods like shoulder pull and ankle pull were demonstrated.

### **Station 2:- Transportation technique (Single Helper)**

Here the topics the cradle technique, the human crutch technique, the pick-a-back technique, and the fire man's lift and carry technique were taught. This station was led by Mrs. Prajakta Adhav, HOD (Dept. MSN).

### **Station 3: Transportation technique (Multiple Helper)**

This station was initiated by Mrs. Pooja Matekar, faculty (SCON). They taught and demonstrated the human crutch technique, hand seat techniques, the two-handed seat technique, the fore and aft method technique, the kitchen-chair carry technique, blanket lift technique, three person carry and stretcher lift.

### **Station 4: Loading a Stretcher**

Two methods were taught to load a patient on a stretcher that is blanket lift, and emergency lift. This station was led by Mrs. Swati Gorad. After that students were given post –test to solve and a feedback form was provided to the students.

## **SEMINAR ON APPROACHING FOR RESEARCH GRANTS & PUBLICATION**

**Date:** 25/07/2022

**Time:** 11 Am to 1 Pm

**Venue:** (Lecture Hall – 1) Sinhgad College Of Nursing, Pune-41

**No of Participants:** 41(Faculties -9, Students-32)

Research cell committee has organized Seminar on Approaching Research Grants and Publication under IPR. All teachers, First year M. Sc. Nursing students, Final Year M.Sc. Nursing students and outside college PG students from Sadhu Vaswani College of Nursing and MIMH College of Nursing has enrolled for this seminar.

This event was initiated by the registration process and pretest by Ms. Pooja Matekar. Followed by felicitation of Resource person Dr. Vineet Vinay Sir, Associate Professor, Sinhgad Dental College. Inauguration and Lamp lighting done by Resource person and Dr. (Mrs.) Jyoti V. Naikare Principal Sinhgad College of Nursing. Dr. (Mrs.) Jyoti V. Naikare madam has welcome and addressed the audience before the session.

After that resource person Dr. Vineet Vinay sir enlighten us with the knowledge about List of Funding Agencies, Function, Proposal writing, protocol for applying the fund, Publication at UGC care list. Program ended with vote of thanks and post-test.

### **REPORT ON ORS DAY CELEBRATION**

**Date:** 29/07/2022

**Time:** 10 Am to 11 am

**Venue:** Pediatric Medicine Ward

**Theme:** “Jodi No.1 – ORS and Zinc”

**No. of participants:** 5 students and 4 teachers

**No. of group:** 7

Programme was organized by Third Year B. BSc. Nursing (Child Health Nursing) students, under the expert guidance of Mrs. Suhasini Sanas. Program were celebrated under the theme “Jodi No. 1 – ORS and Zinc”. Health talks were planned by Third Year B. BSc. Nursing students on management of different condition with Oral Rehydration Solution (ORS) for the parents. Program ended with the Vote of thanks which was given by Third Year B. BSc. Students.

### **REPORT ON DIGITAL LEARNING SOLUTION AND EVIDENCE BASED COURSE MODULE PROGRAMME**

**Date:** -28/07/ 2022

**Time:** - 11.00 am to 12.00 pm

**Venue:** - Lecture Hall – II, Sinhgad College of Nursing, Pune-41

**No of participants:** -Students (50), Faculty (10)

**Theme:** -Introductory session by MedLern on Digital learning solution and Evidence based course module programme.

MedLern is a Bengaluru based company, working towards training and skill development of healthcare professionals. MedLern is a learning management system which is designed to be mobile-first to enable learning at convenience. Placement cell committee has organized Introductory session by MedLern on Digital learning solution and Evidence based course module programme. Program started as per the plan at Lecture hall II. All teachers, First year M.Sc. Nursing students, Final Year M.Sc. Nursing students and Third year B.B.Sc. Nursing students has enrolled for this session. This event was initiated by the introduction about MedLern and resource person Mr. Sourav Shetty, Area Sales Manager, MedLern (Pune) by Ms. Bhavana Kate.

Mrs. Reshma Bodhak , (Placement Cell incharge) welcomed and addressed the audience before the session. After that resource person Mr. Sourav Shetty Sir enlighten us with the information about the course. Program ended with vote of thanks by Ms. Bhavana Kate.