

COMPILED REPORT FOR THE MONTH OF JUNE

REPORT ON NURSING SPORTS DAY

Date: 2/06/2022 to 05/06/2022

Time: 9 am – 4pm

Venue: Smt. Kashibai Navale Medical College

No. of participants: 12 teams (132 players)

No. of audiences: 200

Sports committee of Sinhgad College of Nursing organized NPL in college campus. Invitation was given to different colleges and all courses for participation. Total 12 teams were participated. All the organizers and teaching and nonteaching staff enthusiastically worked on sports day events. On 2nd June to 3rd June first round completed and on 4th June and 5th June second round completed. Also semifinal and final round completed on same day. Winners of NPL are as follows.

- First prize won by JSPM Wagholi and won 7,000 Rs.
- Second Prize won by TMV Pune and won 3,000 Rs.

REPORT ON “ONE STUDENT ONE TREE” - TREE PLANTATION

Date: 09/06/2022

Time: 1pm – 4pm

Venue: Sinhgad College of Nursing

No. of participants: 25 Students and 2 Teachers

The NSS unit of Sinhgad College of Nursing, Pune organized Tree plantation under the theme of one student one tree in Sinhgad College of Nursing Campus. Program started with inaugural function, where Mr Salve Dhiraj and his team was given a floral welcome. The Programme was inaugurated by Mr. Vishal Naikare, Professor and co-staff of NSS Unit and volunteers. Mr. Salve Dhiraj started programme with

introduction and welcome of all the volunteers and discussion on importance of tree plantation. 20 trees planted in College campus. After tree transplantation, duties of different NSS Volunteers were planned for watering the new planted trees on 9th June 22. At the end Ms. Bhavana Kate gave vote of thanks and wishing students for same enthusiasm for the next program.

REPORT ON “FRESHERS PARTY 2022”

Date: 13/06/2022

Time: 1pm – 4pm

Venue: Auditorium, Sinhgad College of Nursing.

No. of participants: 300 students , 25 teachers

Program began with warm welcome and dance performed by the final year students by following color code theme i.e. red, black and white. Host for party was Ms. Rucha Rasal & Mr. Sanvidhan Hatkar. Felicitation of chief guest Dr. Jyoti Naikare, Principal Sinhgad college of Nursing done by Ms. Tejashri Mulye SNA Advisor. As per schedule students performed dances, elicited poems and sung various songs. Thereafter welcome of M.Sc. Nursing and B.Sc. Nursing freshers done with two rounds. Miss and Mr. Freshers for the year are as follow:

For M.Sc. Nursing Ms Freshers – Ms. Stutipriya Bankar

Mr Freshers– Mr. Ajinkya Ahire

For B.Sc. Nursing Ms. Freshers – Aditi Bante

Mr. Freshers – Arya Nagarkar

At end of Freshers party, respected Principal madam Dr. Jyoti V. Naikare enlightened students with her precious words, congratulated all winners and praised all SNA unit and students for successful completion of Freshers party in good manner. Also

madam motivated students for curricular activities and best clinical practices. At the end Mr. Sachin Gurav proposed vote of thanks and programme adjourned by 4pm.

REPORT ON BLOOD DONATION

Date: 15/06/2022

Time: 10am – 4pm

Venue: SKNMC&GH Hospital Building No. 5, Pune

No. of participants: 18 students and 4 teachers

On the occasion of Blood Donation Day, The NSS unit of Sinhgad College of Nursing, Pune organized a blood donation camp. The camp began at 10.00 a.m. with a short inaugural function where Mr. Salve Dhiraj and his team were given a floral welcome. Mr. Bhatavkar, Incharge of blood bank expressed his gratitude to the NSS unit of the college for its continuous endeavour in this regard. He also stressed on the growing need of blood in the state and commended the young volunteers for their noble act. The Camp was inaugurated by Mr. Salve Dhiraj, Lecturer (NSS Officer) and 18 volunteers came forward to donate blood during the camp. The blood donors were provided with a blood donation certificate and Card.

REPORT ON INTERNATIONAL YOGA DAY CELEBRATION

Date: 21/06/2022

Time: 8.30am – 10am

Venue: Yoga Hall, New Building No. 5, SKNMC&GH, Pune

No. of participants: 100

The function began at 8:30am with a brief introduction of Yoga Day by Yoga Teacher Ms.Bhagyashree Ravalekar. The students demonstrated various asanas followed by

Omkar chanting. Warm up exercises were done and all the students performed sitting and standing asanas. The benefits of the postures were narrated by the Yoga teacher while yoga session e.g. the importance of meditation and pranayama, in day to day life to keeps one mentally, physically, psychologically healthy was highlighted.

A competition on yoga was conducted for the students on Tadason, bhujangasana and plank position. Maximum students participated in competition and winners were Mr. Chetan Shinde, First year M.Sc. Nursing student and Ms.Pratibha Pandule First year B.B.Sc. Nursing student. The celebration concluded with some breathing techniques and exercises like Pranayams, Anuloma and Viloma, Meditation and Relaxation. The function ended with a vote of thanks by Mrs.Sadhana Shinde.

WORKSHOP ON STRESS MANAGEMENT

Date: 21/06/2022

Time: 9 am – 10am

Venue: Yoga Hall, New Building No. 5, SKNMC&GH, Pune

No. of participants: 100

Mental Health Nursing department of Sinhgad College of Nursing organised workshop on stress management for students and faculty. The session starts with welcome speech and brief introduction of speaker and yoga expert Ms Ms.Bhagyashree Ravalekar by Ms.Soniya Shinde. The session began with yoga exercises and meditation for the participants. She has explained and demonstrated many popular technique and poses used to reduce stress Controlled breathing, Meditation, Physical movement, Mental imagery, Stretching. The session gave the students and the faculty members an opportunity to learn how to manage stress in their daily lives through yoga practice. The function ended with a vote of thanks by Ms Hemlata Wayal.

REPORT ON GENETIC WORKSHOP

Date: 21/06/2022 to 22/06/2022

Time: 8 am – 4am

Venue: SKNMC&GH, Lecture Hall No.4, Pune

No. of participants: 61

The Genetic workshop was conducted by Sinhgad College of Nursing in the collaboration with Department of Pediatric and Department of Obstetrics and Gynecology. The workshop started with Registration Pretest, followed by Inauguration of the workshop by Dr. Hemant Damle, Professor, Department of OBGY, Dr. M.K. Behera, Professor & HOD Department of Pediatrics, Ms. Reshma Salve (HOD, Community Health Nursing Department) and Mrs. Leena Aswale (F.Y.M.Sc. Nursing Class Coordinator).

The first session was on introduction to genetics conducted by Dr.Hemant Damale, Professor, Department of OBGY, SKNMC and GH. The second session was conducted on Maternal, Prenatal and genetic influences on development of defect and disease were taken by Dr. Kishorkumar Hol Associate Professor, Department of SKNMC and GH. The third session was conducted on Principles of Heredity by Dr. Sameer Mhatre, professor, Dept. of Pediatric, SKNMC and GH. The Fourth session was conducted on Genetic testing, screening and gene therapy conducted by Dr.Kedar Kulkarni, Assistant Professor, Department of Pediatric, SKNMC and GH. The Fifth session on Neural Tube Defects was conducted by Dr. Sanjay Natu Professor, Professor Department of Pediatric, SKNMC and GH.

The first session on the second day of workshop was conducted on human genome project by Dr.G.S.Shekhawat, Professor & HOD Department of OBGY. The second session was conducted on Genetic Counseling by Dr.M.K.Behera Professor & HOD Department of Pediatric. The third session was conducted on Approach to case of

developmental delay/Dysmorphic child by Dr. Anjali Parekh Professor, Department of Pediatric. The Fourth Session was conducted on Blood Groups alleles & hematological disorders by Dr.Ved Tiwari Assistant Professor, Department of Pediatric. The Fifth session was conducted on IEM, Haemochromatosis, Huntington's disease by Dr. Tushar Deshpande Assistant Professor, Department of Pediatric. Program ended with Post Test and Valedictory function.

REPORT ON INTELLECTUAL PROPERTY RIGHTS COPYRIGHT, PATENT, PLAGIARISM

Date: 23/06/2022

Time: 10 am – 12pm

Venue: Fourth floor Microbiology demo room SKNMC, Pune

No. of participants: 60 students and 19 teachers

Seminar started with registration and pretest followed by introduction and felicitation of resources person by Ms. Nikita Wagh, Lecturer, Sinhgad College of Nursing. Session conducted on Copyright, patents and plagiarism by Mrs. Apurva Satpute, Professor, Sinhgad Law College. After the session posttest and feedback conducted by Ms. Pooja Matekar. Programme concluded with vote of thanks by Professor Mr. Vishal Naikare following with question-and-answer session.